



# PRIMARY LUNCH MENU

Autumn/Winter

	MEAT FREE MONDAY	ROUND THE WORLD TUESDAY	TRADITIONAL WEDNESDAY	TREAT DAY THURSDAY	FISH FRIDAY
<b>WEEK 1</b>					
6th January	Cheese and Tomato Pizza (V) OR Sweetcorn and Pepper Pizza (V)	Bolognese with Pasta (DF)(HM) OR Veggie Bolognese with Pasta (V)(HM)(DF) Sweetcorn & Broccoli (V)(GF)(DF)	Bangers and Mash OR Quorn Sausage and Mash (V)	Chicken Balls (DF) OR Quorn Nuggets (V)(DF)	Fish Fingers (DF) OR Quorn Fish-Less Fingers (V)(DF)
27th January	Wedges & Mixed Vegetables (V)(GF)(DF) Yoghurt (V)(GF)	Apple Crumble (HM)(DF)(V)	Cabbage & Gravy (V)(GF)(DF) Shortbread Fingers (HM)(DF)(V)	Rice & Green Beans (V)(GF)(DF) Carrot Cake (HM)(DF)(V)	Chips and Peas (V)(GF)(DF) Ice Cream (GF)(V)
<b>WEEK 2</b>					
13th January	Mac and Cheese (V)(HM) OR Mixed Peppers and Potato Omelette (V)(HM)(DF)(GF)	Burger with BBQ Sauce (DF) OR Veggie Burger with BBQ Sauce (V)(DF)	Cottage Pie (HM)(GF) OR Shepherdess Pie (HM)(V)(DF)	Build your own Wrap Chicken Tenders (DF) OR Roasted Mediterranean Wrap (DF)(V)	Fish Fingers (DF) OR Quorn Fish-Less Fingers (V)(DF)
3rd February	Broccoli and Peas (V)(GF)(DF) Gingerbread Man (DF)(V)	Wedges and Sweetcorn (V)(GF)(DF) Australian Crunch (DF)(V)(HM)	Cabbage and Cauliflower (V)(GF)(DF) Flapjack (DF)(V)(HM)	Herb Diced Potatoes and Peas (V)(GF) Apple Sponge (HM)(DF)(V)	Chips and Peas (V)(GF)(DF) Ice Cream (GF)(V)
<b>WEEK 3</b>					
20th January	Homemade Tomato Sauce with Pasta (V)(DF)(HM) OR Cheese & Onion Puff Pastry Slice (V)(HM)	Mild Mexican Chilli (GF)(HM)(DF) OR Vegan Chilli (V)(HM)(DF)(GF)	Roast Chicken and Stuffing (DF) OR Cauliflower and Broccoli Cheese Bake (V)(HM)	All Day Brunch Bacon, Hashbrown, Baked Beans, Scrambled Egg (GF) OR Veggie Sausage Brunch (V)	Fish Fingers (DF) OR Quorn Fish-Less Fingers (V)(DF)
10th February	Broccoli & Sweetcorn (V)(GF)(DF) Cheese and Biscuits (V)	Rice & Green Beans (V)(GF)(DF) Raspberry Ripple Cake (HM)(DF)(V)	Roasted Potatoes, Carrots, Peas & Gravy (V)(GF)(DF) Crispy Rice Cake (HM)(V)	Jelly and Cream (V)(GF)	Chips and Peas (V)(GF)(DF) Ice Cream (GF)(V)

Freshly Baked Bread, Salads, Fresh Fruit & Yogurts available Daily  
Available Daily: Jacket Potatoes & Toppings of Beans, Cheese or Tuna Mayonnaise

